



WEST ANGLIAN ORIENTEERING CLUB

EAST ANGLIAN LEAGUE, WAGAL AND FULL COLOUR-CODED LEVEL C

ROWNEY WARREN, SUNDAY 16TH MARCH 2014

FINAL DETAILS

Directions: Post code for SatNav: SG17 5QB . [TL123403](#). Access to the car park will be from a minor road leading off the A600 Shefford to Bedford road. The event will be signed from the junction of the minor road with the A600 which is about 2.5 km north of the A600/A507 junction. There will be parking along a forest drive and some space in the main car park.

Facilities: Portaloo toilets will be provided and we expect a hot food and drink vendor. There will not be a string course.

East Anglian League: Members of clubs affiliated to the EAOA will be eligible for the EAOA Championships provided that they run the correct course for their age group as shown below.

Enquiries and registration: 10 am to 12 noon.

We will be using **SPORTident** electronic punching. S.I. cards/dibbers can be hired from registration. If you are new to orienteering or require assistance, then please enquire at registration.

Seniors	(non BOF)	£9
	(BOF members)	£7
Juniors (under 21) inc. first junior in family		£3
Further juniors in same family		£2
Students		£3
S.I. card hire		£0.50

Start from: 10.30am until 12.30.

Courses close at 2.30pm.

There is no clothing dump at Start. Start is about 450m from registration with a marshalled crossing of a minor road to reach Start. Children must use the crossing to reach Start.

IMPORTANT: Please report to the Download tent even if you do not finish your course.

Map and Terrain: Rowney Warren is well-contoured pine forest with significant spur and valley structure. Map is 1:10,000, 5m contours and A4 size. Maps will be printed on waterproof paper. Loose control descriptions are not on waterproof paper.

Courses:

	Length	Climb	Controls	EA Champs Age classes
White	1.6k	30m	13	n/a
Yellow	2.1k	80m	13	M10,W10
Orange	2.8k	170m	13	M12,W12
Light Green	3.7k	120m	11	M14,W14
Short Green	3.5k	155m	10	M75, W65, W70, W75
Green	4.9k	170m	16	M65, M70, W16, W18, W20, W45, W50, W55, W60
Blue	7k	230m	17	M16, M18, M20, M45, M50, M55, M60, W21, W35, W40
Brown	9.2k	335m	23	M21, M35, M40

Safety:

Courses Short Green and above cross a minor road with occasional fast moving traffic. Take care when crossing the road. Take care for the usual hazards in the forest such as tripping, eye-level branches and brambles. Please show consideration to other forest users including dog-owners and cyclists. Competitors take part at their own risk and are responsible for their own safety.

Results: The results from this event will be published online as soon as possible, see www.waoc.org.uk.

A First aid box will be located in the download tent. If the weather is bad, please carry a cagoule. A whistle should be carried in case of emergency. Dogs are permitted as long as kept under control.

PLANNERS: Stephen Borrill and Jason Dunning (WAOC)
ORGANISER: Helen Hague (WAOC)

CONTROLLER: Sue Marsden (HH)

Grateful thanks go to the Forestry commission for allowing us to run this event, and all at WAOC who have helped in putting this event on, in particular Bob Hill and Neil Humphries.

NEXT WAOC event: Saturday 5th April 2014 City of Ely race, National Nopesport and Southern Urban Leagues.

Data protection act: Entry information (name, age, class and club) and the results of this event will be stored and processed by computer systems under the terms of British Orienteering's registration under the Data Protection Act.