



Huntingdon Town Race

Saturday 21 April 2012

in the South of England Orienteering Urban League

presented by West Anglian Orienteering Club

Final Details

Event Location

Assembly is next to Pathfinder House, St Mary's Street, Huntingdon, Cambridgeshire, PE29 3TN. Grid ref: TL240715.
There is no parking available at the assembly area.

Directions & Parking

By Rail: The assembly area is about 1km walk from Huntingdon Railway Station.

By Bus: The assembly area is about 250m walk from Huntingdon Bus Station.

By Car:

There are several pay and display public car parks in the centre of Huntingdon. We suggest that you use one of the long stay car parks at Riverside (A) or Bridge Place (B) which are less than 10 mins walk from assembly. Directions are given below. A map of car parks can be found on the Council website at www.huntingdonshire.gov.uk.

From the North, West or South approach along the A14 and take the A141 towards March at junction 23. Turn right at the next roundabout on to the B1044 Stukeley Road and continue straight on passing under a railway bridge to Huntingdon Ring Road (which is one way). Turn left onto the Ring Road. For car park A, after about 1km bear left, signposted March and St Ives, and the car park entrance is on the right. For car park B, after about 1.5km on the Ring Road turn left, signposted Cambridge and Godmanchester, and the car park is on the left after 250m.

From the East or South-east approach along the A14 and turn off at Godmanchester, junction 24. Go through Godmanchester following signs to Huntingdon and shortly after passing under the A14 you will come to car park B on the right. For car park A continue on until you reach the Ring Road and follow it around as above.

Assembly Area

Enquiries, registration, SI card hire, finish and download will be in the assembly area which is in the pedestrian area at the front of Pathfinder House (Huntingdonshire District Council Offices) off St Mary's Street. Dogs on leads are allowed in the assembly area.

Toilets

There are public toilets at the Bus Station, about 2 mins walk from assembly, and at Riverside car park (A).

Entry on the day

Entry on the day will be accepted on all courses subject to availability of maps. Registration is from 11.00 to 12.30.

PLEASE NOTE THAT THERE ARE NO COURSES FOR ANYONE WHO IS NOT 16 OR OVER ON THE DAY OF THE COMPETITION

Seniors	£8
(there is a reduction of £2 for members of British Orienteering)	
Juniors (under 21 but over 16), including first junior in a family	£3
Further juniors (over 16) in the same family	£2
Students	£3
SI card hire	£0.50

Safety

Courses 1, 2, 3 and 4 cross the busy Ring Road. There is a **mandatory crossing point** at a light-controlled crossing with controls placed either side so that using the crossing is the optimum route. Courses 1-4 use this crossing twice, once in each direction. The crossing will be marshalled so please obey any instructions by the marshal. The time taken for each mandatory crossing will be taken off your race time. Any competitor seen crossing the Ring Road at any other point will be disqualified.

All competitors should be aware of traffic hazards and use pavements and footpaths except when crossing roads. It is your responsibility to cross roads safely. Please also show due courtesy to pedestrians. There will be a market in Huntingdon Market Place so parts of the town centre will be busy with shoppers.

First aid is available at enquiries. The nearest hospital is Hinchingsbrooke Hospital, Hinchingsbrooke Park, Huntingdon, PE29 6NT. Tel: 01480 416416.

Map

The map has been updated this year for the event and is based on the 2010 map produced by Graham Gristwood. It is a 1:5000 scale ISSOM map printed on waterproof paper and is slightly larger than A3.

It is the competitor's responsibility to ensure that they understand the map legend. In particular note that a thick black line indicating "Impassable Wall" means that it is forbidden to cross the feature, even if it is physically possible to do so. Out Of Bounds areas show by purple hatching must be observed – these include the Sainsbury's car park which is strictly out of bounds and some small lawn areas in the town centre that we do not have permission to run across.

There is some ongoing building work in the town centre – this is shown with a light red overprint and all such areas are strictly out of bounds.

Anyone seen crossing an out of bounds area will be disqualified. We would also encourage self- disqualification - if you find after your run that you have accidentally run through or across an out of bounds area/feature please let the finish team know so that the results are fair.

Terrain

Historic town centre, residential areas and open spaces. Most of the running will be on hard surfaces but some courses cross an area of grass and rough open. Some surfaces will be slippery if wet so suitable footwear should be worn. Dotted or spiked shoes are not suitable.

We hope that no controls will suffer from vandalism and will do all we can to ensure that the competition is not compromised, If you arrive at a control site where a control has gone missing please continue your race – do not assume that the leg will be voided.

Courses

Course 1	Mens Open (M16+)	7.2km
Course 2	Mens Veteran (M40+), Womens Open (W16+)	5.8km
Course 3	Mens Super Vet (M55+), Womens Veteran (W40+)	5.2km
Course 4	Mens Ultra Vet (M65+), Womens Super Vet (W55+)	4.4km
Course 5	Womens Ultra Vet (W65+)	2.8km

All courses have a minimum age limit of 16 years on the day of the event to comply with British Orienteering requirements.

Courses close at 2.30 – early controls may be collected in before then.

Race Numbers

All competitors must wear a bib with their race number on. **You must collect your bib from registration before going to the start. A list of competitors' numbers will be available at enquiries.** Please bring safety pins for attaching your number.

Control Descriptions

The courses will have IOF symbol descriptions and loose control descriptions will be **available at enquiries.** Control descriptions will also be printed on the maps. **There will be no control descriptions available at the start.**

Note that some controls are large tree stumps and these are shown as trees in the control descriptions and on the map.

Hire dibbers

If you have pre-entered and have requested a hire dibber, this will be pre-allocated and will be available for collection from enquiries. Hire dibbers are also available for entries on the day for 50p.

Anyone failing to return a hire dibber will be liable for its full replacement cost of £30.

Start

The start is a 200m walk from the assembly area and will be signed from assembly.

We are using 15 minute start blocks and start times are shown on the Fabian4 website. Please ensure that you are at the start at your allocated time otherwise you may have to wait to begin your run.

Download

Download is next to the finish. **All runners must go to download even if you have retired.** It is the only check we have that you have returned safely.

Acknowledgements

Thanks to Huntingdonshire District Council for the use of the area for assembly and the finish.

Thanks to Huntingdon Town Council and Hinchingsbrooke Country Park for their assistance in letting us use some of the open areas in the town.

ALL COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK.

Organiser:	Ian Lawson	WAOC
Planner:	Peter Duthie	WAOC
Controller:	Mike Capper	WAOC