



SMILE (SuMmer Introductory Low-key Event)
LEVEL D

HINCHINGBROOKE COUNTRY PARK,

SATURDAY 16TH APRIL 2016



This summer series event is particularly aimed at beginners and help will be available to get you started. Please visit www.waoc.org.uk and see 'What is orienteering?'. It should answer any questions you have.

Directions: Post code for SatNav: PE29 6DB. Grid reference: [TL222719](#).

Visitors' Centre, Hinchingsbrooke Country Park, Brampton Road, Huntingdon.

Hinchingsbrooke Country Park lies 2km west of Huntingdon, 1km from Brampton and just 2km off the A14 and A1.

From the A14 Westbound (from Cambridge)

Take junction 23 signed "The Midlands, Kettering & Corby" to the Spittals Inter-change. Turn left at the roundabout signed "Kettering A14", then take the slip-road, junction 22, signed "Brampton & racecourse". Turn left at the roundabout & continue to follow the brown Country Park & the red hospital A&E signs to Country Park.

From the A14 Eastbound (from Kettering/Corby/M6)

You will get to the big Brampton Hut roundabout at the A1, go straight over signed "Huntingdon & Cambridge". Take the first slip-road off, junction 22, signed "Brampton, Huntingdon & racecourse". Turn right at the roundabout at the top then follow the brown Country Park & the red hospital A&E signs to Hinchingsbrooke Country Park.

Facilities: Public toilets, café, car park, playground. Guidance for beginners available from Registration. First Aid will be located at Download.

Registration is by the café

Start is close to registration.

Times: Registration and enquiries between 11 am to 1.30 pm with starts from 11:30 am to 2:00 pm.

Start times will not be pre-allocated.

Courses close at 3 pm - you must report to Download by this time.

We will be using **SPORTident** electronic punching. S.I. cards/dibbers can be hired from registration for £1 each.

Prices: Adults £3 Groups £4 Juniors and students £1

Loss of an S.I. card will incur a charge of £30.

IMPORTANT: Please report to Download even if you do not finish your course.

Map and Terrain: Hinchingsbrooke Country Park is a mature country park. Map is 1:7,500, 5m contours and A4 size printed on waterproof paper. Control descriptions on maps only.

Courses: Short ~1.5km, very, easy 11 controls.
 Medium ~3.4km, harder, 16 controls.
 Long ~4.4km, more difficult, 21 controls

Safety: Take care for the usual hazards such as tripping and eye-level branches. There is deep water associated with the lake. There is a well-defined path around the lake. Please show consideration to other park users including dog-owners and cyclists. Competitors take part at their own risk and are responsible for their own safety.

Results: The results from this event will be published online as soon as possible, see www.waoc.org.uk.

A First aid box will be located at download. If the weather is bad, please carry a cagoule. Dogs are permitted as long as kept under control.

PLANNER: Bob Hill (WAOC)

ORGANISER: Helen Hague (WAOC) Tel: 07790316873

Grateful thanks go to Hinchingsbrooke Country Park for allowing us to run this event, and all at WAOC who have helped.

NEXT WAOC events: Saturday 7th May, Science City Sprints, Cambridge Science Park
 Saturday 9th July 2016 Wimpole Estate -Summer series.

Data protection act: Entry information (name, age, class and club) and the results of this event will be stored and processed by computer systems under the terms of British Orienteering's registration under the Data Protection Act.