



**Huntingdon Town Race
West Anglian Orienteering Club
Nopesport Urban league**

Saturday 20 March 2010

Final Details

Event Location

Spring Common, Ambury Road, Huntingdon (grid ref TL 237726).

Directions

By Rail: The Assembly area is about 1.5km walk from Huntingdon Railway Station.

By Bus: The Assembly area is about 1.5km walk from Huntingdon Bus Station.

By Car: (*See below for parking information.*)

From the North or West, approach along the A14 and take the A141 towards March at junction 23. Turn right at the first roundabout onto Stukely Road, B1044. Immediately after passing under the railway bridge, turn left into St Peter's Road.

From South or East, approach along the A14 and exit at Godmanchester. Go through Godmanchester to the Huntingdon ring road (B1514). Follow this around the town centre and turn left off into Ermine Street, B1044, then turn right into St Peter's Road (just before the railway bridge).

Roadworks

The Highways Agency plans to close the westbound A14 between junctions 24 and 23 (Godmanchester to Spittals Interchange) on 20th March. There are likely to be long delays getting into Huntingdon via Godmanchester so please bear this in mind when arriving from the South. It may be quicker to exit at junction 26 and travel via St Ives.

Parking

Parking at the Leisure Centre next to Spring Common is only available for designated helpers. **Please don't attempt to park here unless you have been allocated a space.**

There is limited parking available at St Peter's School, St Peter's Road, PE29 7DD (grid ref TL236727) immediately north of the Assembly Area. Spaces should be available here for those arriving before 12.00 and leaving by 15.30. There will be a charge of £1.50.

Please do not park in St Peter's Road.

If arriving after 12.00, it is recommended you use the pay & display car park in Great Northern Street. Charge is £1.50 for 4 hours, £2 for the day. This is only a few minutes walk from assembly. It is reached from Ermine Street and is the first turn on the right along Ermine Street from the Ring Road. Note that this car park is not signposted from Ermine Street.

There are a number of other car parks inside the Huntingdon Ring Road that are within walking distance of assembly, including Anglian Water in Ambury Road South which is available for the public to use on Saturdays.

Assembly Area

Enquiries, Start, Finish and Download will be on Spring Common to the rear of the Huntingdon Leisure Centre. Toilets are available in the Leisure Centre and in the Swimming Pool building. **No muddy or spiked shoes inside please.** First Aid will be available at Enquiries. Nearest Hospital is Hinchingsbrooke Hospital, Hinchingsbrooke Park, Huntingdon, PE29 6NT, 01480 416 416.

Dogs

Dogs on leads are allowed in the Assembly Area.

Entry on the Day

Entries will be accepted on all courses subject to availability of maps.

Seniors £11.00

Reduction of £2 for National and East Anglian Local Members of British Orienteering

Juniors (under 21) inc first junior in family £4.00

Further juniors in the same family £3.00

Students £4.00

SI Card hire £0.50

Please remember to include details of your British Orienteering membership card to obtain the discount.

SI card hire – pre-hired cards will be available at Enquiries. Lost cards will be charged at £20.

Times

Registration 11:00 – 12:30

Starts 11:30 – 13:00

Courses close 15:00

Terrain

Historic town centre with a mixture of residential and civic areas and open spaces. All courses will cross areas of grass and rough open around the start and finish. Elsewhere the running will mainly be on hard surfaces. There is no requirement to wear full leg cover for this race.

Map

The map is brand new this year following recent survey and cartography work by Graham Gristwood. It is a 1:5000 ISSOM map and will be printed on oversized A3 water resistant paper.

Runners unfamiliar with the ISSOM (sprint) standard are advised to read up beforehand (http://www.britishorienteering.org.uk/downloads/documents/mappers_issom2007.pdf). Of particular note are the symbols for building canopy, and those that indicate forbidden access.

Control Descriptions

Control descriptions will be printed on the map and loose copies will be available in the start lanes. The Mini course will have text descriptions; all other courses will have IOF symbol descriptions.

Safety

The Mini course stays within Spring Common and the Leisure Centre grounds and does not cross any roads. The Junior course crosses minor roads.

The senior courses (1 - 4) cross the busy Ring Road. A **mandatory crossing point** is placed at a Pelican Crossing and the controls either side are placed such that the Pelican Crossing is the optimum route. The crossing will be marshalled. Crossing the Ring Road at any other point is forbidden and competitors doing so will be disqualified. All courses use this crossing twice, once in each direction. Please make sure you punch correctly. The time for each mandatory crossing will be removed from your race time.

All competitors should be aware of Traffic Hazards and use pavements except when crossing roads.

Competitors are advised that other activities will be taking place at St Peter's School and The Regional College including a Music School. The Town Centre will be busy with shoppers and the Saturday Market.

Courses

Course 1	Mens Open (M17+)	7.3km
Course 2	Mens Veteran (M40+), Womens Open (W17+)	5.9km
Course 3	Mens Super Vet (M55+), Womens Veteran (W40+)	4.8km
Course 4	Womens Super Vet (W55+)	3.3km
Course 5	Mens Junior (M16-), Womens Junior (W16-)	3.4km
Course 6	Mens Mini (M12-), Womens Mini (W12-)	1.2km

Veteran Competitors may run up, i.e. enter a course open to a wider age range.

All senior courses have a minimum age limit of 17yrs owing to there being some very busy road crossings on these courses.

Start

Start block times are available from the Fabian 4 website:

<http://www.fabian4.co.uk/start/list.aspx?EventID=295>

We are using the following start blocks:

11:30 - 11:45, **11:45** - 12:00, **12:00** - 12:30, **12:30** - 12:45, **12:45** - 13:00.

The start time listed on Fabian 4 is the start of your start block.

Priority will be given to helpers and those requiring split starts.

Download

Adjacent to finish. **You must go to Download even if you have retired.** It is the only check we have that you have returned safely.

Acknowledgements

LIVING SPORT, One Leisure Huntingdon, St Peter's School, Huntingdonshire Regional College, Huntingdonshire District Council, Huntingdon Town Council

Organiser: Caroline Louth WAOC, organiser@waoc.org.uk

Planner: Ben Holland WAOC

Controller: Simon Errington HH

ALL COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK.