# **Tuesday Evening League Rules**

## **General Rules**

All competitors are entered into a league.

Points are awarded at each event, and the final positions are based on a simple sum of all points gained at all events.

There are 3 age classes each for men and women: Junior (M/W17-), Senior (M/W18+), Veteran (M/W40+), and there are prizes awarded for 1st, 2nd, 3rd in each age class.

In order to be eligible for a prize you need to be a WAOC member and to have scored points at 3 or more events.

If you are a non-member you will still be awarded points and thus you can affect the points of other members.

## Basic Scoring (ignoring age classes)

The organiser of an event is awarded 60 points. If there is more than one organiser, the 60 points are shared equally amongst organisers.

The winner of an event is awarded 100 points.

All other runners are awarded a fraction of 100 points proportionate to how their time or score compares to the winners time or score. For timed courses, this is done by assigning 100 points to the winning time, and 25 points to a time of twice the winning time. Runners are then scored on a linear scale between these two marks.

#### Worked Examples

Timed Events: Winner gets 100 points for a winning time of 30 minutes. (Thus 25 points is assigned to a time of 60 minutes). Another runner who finishes in 36 minutes gets 85 points. i.e. (100 - (((36-30) / (60-30)) \* 75))

Scored Events: Winner score 360; runner score 288. Winner gets 100 points; runner gets 80 points because 288 is 80% of the winner's score

You always get a minimum of 25 points, even just for taking part or if you don't complete a course, run noncompetitively or whatever.

When an event holds more than one course, these are scored separately to the same rules as above. If the second or third course is a less technical or shorter variant (as is normally the case) then it will have a maximum of 50 points.

#### Scoring with Age Classes

The above rules are supplemented by the age class rules as follows:

For each course at an event:

- 100 points are awarded to the winners in each age class.

- other runners are awarded points proportionate to how their time or score compares to the winner *in their* own or any "lower" age class, whoever performs best.

- for the above rule age classes are ordered: M18+,W18+,M17-,W17-,M40+,W40+ (i.e. if the best W17- performs better than the best M18+ then all M18+ are graded against the W17-)

#### **Per-Event Rules**

All rules above may be modified or extended on a per event basis to account for peculiarities in the particular event, strange scoring mechanisms, unforeseen eventualities, etc.