

# SUFFOLK ORIENTEERING CLUB ACTIVITY.



## Coaching session at THORPE WOODLANDS

Postcode  
IP24 2RX  
Grid Reference  
941827

**Saturday 25<sup>th</sup> January**



Time 10:15 am – 1:00 pm

Booking Please contact Sarah Mansel if you would like to come or for further information.

[sketchweppers@tiscali.co.uk](mailto:sketchweppers@tiscali.co.uk)

01359 241857

Fees	SUFFOC Club members	£2.00
	Non members	£5.00

Activities: Small star and loop activities to consolidate some basic techniques for orienteering.  
Control descriptors and map symbol games.  
Control hanging.  
Finally a competition based within the Thorpe Woodlands site – this will use SI timing, so bring a dibber if you have one.

Toilet available at the centre.

Please dress appropriately for the weather as there will only be limited shelter.

Please bring drinks/flask/snack as required for break session.

Directions From Thetford: Take the A1066 east towards Diss. In approx. 3 ½ miles bear left signposted to caravan site. In about 500 metres turn left towards Thorpe Woodlands Centre. Park beside driveway.

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